

Telehealth Consent

Type of Service Provided:

Telehealth is a form of psychotherapy that uses real-time interactive video technology instead of meeting in person. Telehealth is for interested individuals who live in Massachusetts, but live too far to do in-office psychotherapy or would prefer to do Telehealth for convenience purposes. Psychotherapy via Telehealth will be accessed between you and me via Doxy.Me, a HIPPA compliant, state of the art Telemedicine service. You will need access to an electronic device that has a camera and a microphone.

What You Can Expect from Online Treatment:

Just like in-office treatment with me, online Telehealth will be a session of 45-50 minutes. We will schedule a time and you will be provided a link to click at our scheduled appointment. Please keep in mind to choose a quiet, private area to engage in Telehealth. Keep a telephone handy in case our connection experiences technical difficulties.

It is important that you understand that Telehealth sessions have limitations as compared to in-person sessions, among those being the lack of "personal" face-to-face interactions and the lack of visual and audio cues in the therapy process.

You understand that Telehealth is not a substitute for medication under the care of a psychiatrist, nurse-practitioner or medical doctor. While our psychotherapy sessions will address social, emotional and personal issues, it may be required for you to consult with other specialists in addition to our work.

You understand that Telehealth may not be appropriate if you are experiencing a crisis, having suicidal/homicidal thoughts, severe addiction issues or impulse regulation difficulties. If a life-threatening crisis occurs, you agree to contact the National Suicide Hotline at 800-784-2433, call 911, or go to the nearest hospital emergency room. Please be aware that if a crisis develops, I will also help you locate immediate care.

You understand that I follow the laws and professional regulations of the Commonwealth of Massachusetts (USA) and that Telehealth treatment will be considered to take place in the Commonwealth of Massachusetts (USA).

Payment for Services:

I require a credit card to be kept on file for payments for Telehealth sessions.

Cancellation policy:

Telehealth sessions cancelled without providing 48 hour notice will be charged a \$275 late cancellation fee.

Your signature below indicates that you have read the information in this document and agree to abide by its terms during our professional relationship.

CLIENT SIGNATURE _____ DATE _____